## FALL ARREST TRAINING - VS WORKING AT HEIGHTS

## **FALL ARREST**

## **WORKING AT HEIGHTS**

WHO SHOULD TAKE FALL ARREST TRAINING?

Industrial Establishments, Mining
Operations, Health Care and
Residential Facilities sectors and
other workplaces that are *not*Construction Projects.

DOES THE LAW REQUIRE ME TO TAKE FALL ARREST TRAINING?

No!



\* But your workplace may require that you complete specific training

I WORK ON CONSTRUCTION PROJECTS. CAN I TAKE FALL ARREST TRAINING INSTEAD?

No!



Fall arrest/prevention training is NOT a replacement for MOL approved Working at Heights training



WHO SHOULD TAKE WAH TRAINING?

Those who use fall protection equipment while working on construction projects are REQUIRED to take WAH.

DOES THE LAW REQUIRE ME TO TAKE WAH TRAINING?

Yes!



\* If you use fall protection equipment while working on construction projects

CAN WAH TRAINING BE BENEFICIAL TO THOSE NOT WORKING ON CONSTRUCTION PROJECTS?

Yes!



However, it is not required, and fall arrest training or fall prevention training may be more appropriate for your workplace

