

STANDARD FIRST AID & CPR TRAINING

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Comprehensive two-day course offering first aid and cardiopulmonary resuscitation (CPR) skills for those who need training due to work requirements or who want more knowledge to respond to emergencies at home. Includes the latest first aid and CPR guidelines. Meets federal and a variety of provincial/territorial regulations for Standard First Aid and CPR. Exceeds competitors' standards by including injury prevention content, CPR and AED.

14 – 16 Hours in Length

3-year certification in Standard First Aid – CPR Level C

Small Classes

Includes Red Cross First Aid & CPR Manual

COURSE OUTLINE INCLUDES

- Preparing to respond
- The EMS system
- Check, Call, Care
- Airway emergencies
- Breathing and circulation emergencies
- First aid for respiratory and cardiac arrest
- Wound care
- Head and spine injuries
- Bone, muscle and joint injuries
- Sudden medical emergencies
- Environmental emergencies
- Poisons



General Information:

Time: 8:30 am to 5:00pm

Location: Barrie Construction Association, 200 Brock St. Barrie, L4N 2M4

Amenities: Coffee/tea available at location along with kitchen facilities including a fridge and microwave. There is also a variety of near-by fast food restaurants.

Training provided by 1st in First Aid

For questions, contact Alicia Blow at 705-726-5864 ext. 1 or printing@barrieca.com



** Upon successful completion of quiz, participants will receive a wallet card **